On May 26, some of us from the congregation went to the DFW National Cemetery to place flags at the graves of fallen soldiers. It was a very moving experience. There were times when I placed the flag in front of the headstone and said, “Thank you … for your service.” I got choked up thinking about the sacrifice they made for our country.

And yet, instead of honoring our fallen, for many, this day has become a day (weekend) of sales and celebration, instead of honoring those who have died so that we may live in freedom. When I lived in Israel, I saw how different that, the Israeli Memorial Day Yom Hazikaron, is than what we do here. There are no “Memorial Day” sales. Rather, at 11:00 AM, they sound a shofar, and everyone stops what they are doing and stands still in memory of those who died in the service of Israel. Even cars stop on the roads and highways and people get out of their cars and stand for 2 minutes. It was so moving to see.

One of the most poignant moments of the morning was watching our member, Shuli French, go to a young man who had been sitting at a grave for a long time. He told her this was his mother’s grave. She died serving our country 10 years prior when he was 14. That day was his birthday. Shuli gave him a hug in the hope of helping him on that day. What a mitzvah!

This past weekend we watched a movie called Sgt. Will Gardner, a movie about a veteran who had returned from overseas with traumatic brain injury and post traumatic syndrome. In the

(Cantor Continued on page 3)


**CARE COMMITTEE**

Congregation Ner Tamid’s CARE COMMITTEE brings a “neighbor helping neighbor” approach to providing aid and support to congregants who need help during difficult times. We offer help with cooking because of illness or accidents; and provide assistance to families in mourning or with other special needs.

If you know of an individual, or family, in the C-N-T community who can use our assistance, or if you want to join our team, please e-mail: KATHY Friedberg at: KATH@CongregationNerTamid.org

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**ONEG SHABBAT GUIDELINES**

If you are unable to provide Oneg on your assigned date, **please find a replacement for yourself or feel free to send in a donation or drop items off beforehand**. Thank you!

When providing Oneg, please keep the following guidelines in mind:

- An inexpensive, small centerpiece would be appreciated. Vases will be provided for flowers.
- Oneg suggestions include a sheet cake or two dozen cookies as well as fruit, nuts, trail mix or vegetables.
- Juice and wine will be provided.
- Paper products and silverware will be provided.
- Set up should be done before Services, but, if necessary, can be done quietly during Services.
- Clean up includes emptying trash cans, sweeping and mopping floors, washing and putting away all items used, and wiping down countertops.

If you are aware of a special occasion [anniversary, birthday, graduation, etc.] and would like to provide Oneg on a date not scheduled for yourself, please feel free to contact the Oneg provider scheduled and make arrangements with them.

Kat@CongregationNerTamid.org

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The Harlan S. Friedberg Memorial Yahrzeit Plaque is a thoughtful way to remember loved ones who have departed from us but will never be forgotten.

Memorial Plates, each with a light to be illuminated for the Yahrzeit, are available that can be inscribed with up to three lines of personal engraving which may include the departed’s name, Hebrew name, if desired, and the Hebrew and Gregorian dates.

The cost of each Memorial Plate is $180.00. The ten times Chai will provide for the continued funding of additional Memorial Yahrzeit Plaques, as they become necessary, as well as the cost of the individual Memorial Plates and engraving.

If you have someone’s name that you would like to have placed on the Yahrzeit Plaque, please contact Randy Friedberg or any member of the Board. Much as the Mourner’s Kaddish is a spiritual reaffirmation to the goodness of life, so shall these Memorial Plates be a visual reaffirmation and tribute to the goodness of our loved one’s lives.
How to Make Sabich, an "Israeli Sandwich":

This dish, which originated with Israel's Iraqi Jewish community, is commonly eaten for breakfast – but it makes a delicious lunch, too. Aimee Amiga and Liz Steinberg - www.haaretz.com

Sabich is one of the more popular pita sandwiches you’ll find in Israel, but the origin of the name is disputed. Some say it comes from the Arabic word for breakfast – the combination of eggplant, hard-boiled egg and potatoes originated with Israel’s Iraqi Jewish community, where it was eaten on Saturday mornings. Some members of the community simply know the dish as "Iraqi breakfast." Others say the dish is named after the first man to sell it in Israel: One Sabich Tzvi Halbi, an Iraqi immigrant who set up shop in the Tel Aviv suburb of Ramat Gan in 1961. And yet others say the name is an acronym in Hebrew for its main ingredients - salad, egg and eggplant.

But some things about sabich are undisputed. The dish is as Israeli as it gets, evolving out of the community of Iraqi immigrants who settled in Tel Aviv and Ramat Gan. Likewise, every sabich has the same basic ingredients: a pita filled with fried eggplant, hard-boiled egg, salad, and condiments such as tahini and amba, a bright yellow sauce of pickled mango and fenugreek. Many versions also include slices of potato.

The dish is simple to assemble at home – buy some amba, fry some eggplant and chop some vegetables. And there you have it – lunch (or breakfast) is served.

Ingredients:
- Eggplant
- Oil
- Salt
- Tomato
- Cucumber
- Parsley
- Tahini sauce
- Amba (tangy mango pickle condiment)
- 1 pita per person
- 1 hard-boiled egg per person
- Boiled potato (optional)

Directions:
Cut the eggplants into long strips, from the base to the green stem. Slice the strips into 3-4 smaller rectangles. It is crucial that the long eggplant fibers are kept intact, as opposed to slicing the eggplant into rings.

Arrange the eggplant slices on paper towels, and sprinkle with salt. Let sit for a while (optimally 30 minutes) so that the eggplant can “sweat.” After the eggplant has "sweated," pat the extra liquid off the slices with some paper towel.

Meanwhile, slice the cucumber and tomato, and chop parsley. Prepare tahini, and boil eggs and potatoes, if using. Allow eggs and potatoes to cool, and then slice.

Heat a pan, and cover the bottom of the pan with oil. Arrange slices of eggplant in the pan, no more than one layer deep, and fry until the bottoms are golden. Flip and fry the other side. Repeat with all the eggplant slices, adding more oil as needed.

Fill pitas with tomato, cucumber, parsley, eggplant, sliced egg, sliced potato (optional) and tahini and amba. Adjust fillings to taste.

Bête Avon, Shuli French

(Cantor Continued from page 1)
Bechukotai
Leviticus 26:3 – 27:24
This sidra brings us to the conclusion of the Book of Leviticus. The prominent feature of our portion is the tochelcha - a sevenfold series of warnings or reproofs, which are chanted in a subdued voice. After outlining the rewards for the observance of God’s Torah (peace, prosperity, and agricultural abundance), the consequences for disobedience (disease, famine, siege, conquest and exile) follow.

The rules regarding the valuation and redemption of voluntary pledges are found in this parasha. An individual could vow to donate the value of an animal, a plot of land, an edifice, himself/herself or another family member to the upkeep and maintenance of the Sanctuary. The procedure for doing so and for determining the value of the property or person are set forth.

Bamidbar
Numbers 1:1 - 4:20
True to its name in English, the fourth book of the Torah, Numbers, begins with a census of all Israelite males over the age of twenty who would be eligible for military service. The total came to 605,550.

Because of their consecrated role in the Sanctuary, the Levites were exempt from military service and were not a part of this population tally. However, in a separate survey there were found to be 22,000 male Levites, who were to serve in a religiously dedicated capacity in place of all other firstborn males. In the general population 22,273 firstborn males were numbered. The extra 273 firstborn Israelites (for whom there were no corresponding Levites) had to pay the sum of five she'kalim to Aaron as their redemption price from service in the Sanctuary.

The Torah provides us with a description of the configuration of the Israelite encampment. The Sanctuary was at the center with the priests and the three Levitical families stationed on each of its four sides. The twelve tribes formed the outer cordon, with three tribes arrayed on each side.

Naso
Numbers 4:21 - 7:89
The portion begins with additional information about the role of the Levitical families in the transport of the Sanctuary, under the supervision of Aaron’s son, Itamar.

Weekly Parshas

The Torah then cites three instances where matters of a private nature come under the supervision of the priest. One who retains a neighbor’s property must return it, add 20% to its value, and bring a guilt offering in atonement. A wife suspected of adultery was to be brought before the priest and asked to swear an oath. The wording of this oath was written down and its ink was mixed in water, which the wife was then compelled to drink. If she suffered no ill effects from this potion, she was innocent of the charge; if she became ill, she was deemed guilty.

A Nazirite was one who took a special oath of dedication to God. Upon the expiration of this vow, his/her head was shaven and the hair burnt under the sacrifice that marked the conclusion of this consecrated period.

The priests were commanded to bless the people with a specific threefold formula consisting of verses of three, five and seven words, concluding with shalom (peace, wholeness).

The sidra concludes with the prince of each tribe presenting an identical dedicatory gift of silver, gold, sacrificial animals and meal offerings to the Sanctuary.

Beha'alotcha
Numbers 8:1 - 12:16
This week’s portion begins with one more instruction for the High Priest: it is his duty to light the menorah. The Levites undergo a final act of purification, and after a formal presentation to the entire community, they now begin to serve in their special role.

The Torah records the observance of the first anniversary of the Exodus from Egypt. In this connection the laws of Pesach Sheni, a “Second Passover” for those prevented or unable to observe Passover on its correct date, are introduced.

The Israelites now depart the Sinai wilderness, and Moses’ father-in-law, Jethro (called Chovav here) departs for his home in Midian. The Israelites complain and rebel - first in a general expression of dissatisfaction and a second time complaining about the monotony of manna and the lack of meat. God sends huge flocks of quail to sate their hunger, but appalled by the people’s gluttony, smites them with a plague.

These rebellions cause Moses to despair. In response, God causes the prophetic spirit to rest upon the seventy elders as a sign of their authority in assisting Moses with the leadership of the people. Eldad and Medad begin to prophesize as well; Joshua expresses concern about their activity but Moses welcomes their addition to the prophetic ranks.

At the next campsite Miriam and Aaron challenge Moses’ leadership role, claiming parity with their brother. God rebukes them for their words; Aaron confesses his error and Miriam is stricken with leprosy. Moses intercedes on Miriam’s behalf, and the Children of Israel continue their journey.

Sh’lach
Numbers 13:1 - 15:41
At God’s command Moses, sends twelve spies – one from each tribe – to scout the land of Canaan and to report back on the land’s inhabitants, fortifications and agricultural attributes. They return after forty days with evidence of the land’s bounty and fertility, and accounts of the might of its population and well-defended cities.

Ten of the spies were pessimistic about the prospects of a successful Israelite conquest, but Caleb’s and Joshua’s assessment was optimistic and they urged swift military action. The people sided with the majority, and in a panic expressed their desire to return to Egypt under new leadership.

God’s fury with the Israelites is aroused for their lack of faith in themselves and in divine assistance with the conquest. Moses intercedes on the people’s behalf averting total annihilation, but God instructs Moses to alter course: the Israelites will wander for forty years – one year for each day of the spies’ mission – until the present generation dies out. Only Caleb and Joshua are to be spared this fate; they alone among their contemporaries are to witness the conquest of the land.

(Parsha Continued on page 8)
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<td><strong>28 Sivan</strong></td>
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<td><strong>Parshat: Bechukotai</strong></td>
<td><strong>Parshat: Rosh Chodesh</strong></td>
<td><strong>Parshat: Shavuot</strong></td>
<td><strong>Parshat: Shavuot</strong></td>
<td><strong>Parshat: Yom Yerushalayim</strong></td>
<td><strong>Parshat: Father's Day</strong></td>
<td><strong>Parshat: Erev Shavuot</strong></td>
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<td><strong>Leviticus 26:3 - 27:24</strong></td>
<td><strong>Rosh Chodesh Sivan</strong></td>
<td><strong>Numbers 1:1 - 4:20</strong></td>
<td><strong>Numbers 13:1 - 15:41</strong></td>
<td><strong>Board Meeting</strong></td>
<td><strong>Flag Day</strong></td>
<td><strong>Parshat: Nasso</strong></td>
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<td><strong>10:00 AM Torah Service</strong></td>
<td><strong>45th day of the Omer</strong></td>
<td><strong>5:30 PM Mincha Service, Book of Ruth, Yizkor, Havdalah, Bring Your Own Dairy Dinner (Cheesy)</strong></td>
<td><strong>8:18 PM</strong></td>
<td><strong>Shabbat Service &amp; Tanakh Study</strong></td>
<td><strong>7:30 PM Services:Randy Friedberg</strong></td>
<td><strong>8:52 PM (18 min)</strong></td>
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<td><strong>46th day of the Omer</strong></td>
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<td><strong>7:30 PM Services: Cantor Patti Turner</strong></td>
<td><strong>5:30 PM Bring Your Own Dairy Dinner</strong></td>
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<td><strong>Parshat: Beha'alotcha</strong></td>
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<td><strong>47th day of the Omer</strong></td>
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<td><strong>8:15 PM</strong></td>
<td><strong>7:30 PM Israeli Folk Dancing</strong></td>
<td><strong>5:00 PM - 7:30 PM</strong></td>
<td><strong>Parshat: Sh'lah</strong></td>
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<td><strong>7:30 PM Services: Cantor Patti Turner</strong></td>
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<td><strong>8:57 PM (18 min)</strong></td>
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**Note:**
- *Bechukotai* is the Parsha for 27 Iyyar.
- *Rosh Chodesh* is the first day of the new month.
- *Shavuot* is a significant holiday in Judaism, commemorating the giving of the Torah to the Israelites on Mount Sinai.
- *Yom Yerushalayim* (Jerusalem Day) is a holiday in Israel.
- *Flag Day* commemorates the American flag.

**Calendar Highlights:**
- The Torah portion for the week is *Bechukotai* from Leviticus 26:3-27:24.
- Mincha Service is available at 5:30 PM on 4 Iyyar.
- Father’s Day is observed on 1 Iyyar.
- Erev Shavuot is observed on 4 Iyyar.
- Flag Day is observed on 6 Iyyar.
- Shavuot is observed on 10 Iyyar.

**Newsletter Deadline:**
- The newsletter deadline is on the 20th of Sivan.

**Services:**
- Shabbat Service & Tanakh Study are held on various days throughout the month.
- Mincha Service is held on certain days for additional prayer.
- Other services and study sessions are also scheduled during the month.

**Board Meetings:**
- Board Meetings are held on specific days to discuss congregational matters.
- Annual Meeting is held on 20 Iyyar.

**Other Events:**
- Annual Meeting is held on 10:00 AM on 20 Iyyar.
- Father’s Day is observed on 1 Iyyar.
- Erev Shavuot is observed on 4 Iyyar.
- Flag Day is observed on 6 Iyyar.
- Shavuot is observed on 10 Iyyar.

**Important Dates:**
- 27 Iyyar - 27 Sivan 5779
- June 2019

**Contact Information:**
- For more information, please contact the Congregation Ner Tamid office.
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- **Rosh Chodesh Tamuz**
- **Independence Day**
- **Annual Pool Party**

**Services and Events**

<table>
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<tr>
<th>Date</th>
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<td>Chukat Numbers 19:1–22:1</td>
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<td>Oneg: Brittni Grant</td>
<td>Chukat Numbers 19:1–22:1</td>
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<td>8:17 PM</td>
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<td>Pinchas Numbers 25:10–30:1</td>
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**Other Events**

- **Board Meeting**: 10:00 AM (TAMUZ 4)
- **Tzom Tammuz**: 10:00 AM (TAMUZ 18)
- **Newsletter Deadline**: 10:00 AM (TAMUZ 23)

**Shabbat Services**

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**Special Observances**

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<td>Annual Pool Party</td>
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**Observances**

- **Rosh Chodesh Tamuz**
- **Independence Day**
- **Tzom Tammuz**
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Book Plate Inscription/s
- In Honor
- In Memory
- Donated By
- Other
We are told in Proverbs, “The soul of a person is the candle of God.”

Yahrzeits

MAY
28 - Estelle L Fliegel, Mother of Renée Spritzer, H 23 Iyyar
29 - Faren Penny Feigenbaum, Sister of Kathy Friedberg
30 - Rose Gold, Aunt of Joel Goodman & Sheldon Goodman

JUNE
1 - Mildred "Bunnie" Munves, GrandMother of Patti Turner
3 - Gayle Friedman, Sister of Kathy Friedberg
4 - Ruth Rudolph, Grandmother of Randy Friedberg
5 - Warren Lepley, Husband of Marilynn Lepley
9 - Harlan S. Friedberg, Son of Kathy & Randy Friedberg
10 - I. D. Freed
11 - Jean Silverman Miller, Mother of Cary Miller, H 08 Sivan
15 - Miriam Tiras, Grandmother of Alan Prager
16 - Leon Grant Sr., Grandfather of Brittni Coe
18 - Florence Isenberg, Mother of Bobbi Goodman
18 - Bertha Kurzban, Mother of Marcy Prager
23 - Renee & Larry Spritzer
30 - Patti & Ray Turner

JULY
17 - Brandi & Greg Geltmeier

Birthdays

JUNE
1 - Charlotte Allison Hoffman
1 - Larry Spritzer
2 - Liam Turner
3 - Casey Thumann
6 - Matthew Turner
6 - Alex Garcia
9 - Marshall D Moon
9 - Robert L Moon
15 - Aidan Turner
17 - Guy Bergel
19 - Casey Pierce
24 - Robby Moon
26 - Nathaniel Putman
29 - Charlotte Ruth Briscoe
30 - Cole Geltmeier

JULY
10 - Harry Ray
10 - Cameron Thumann
15 - Elissa Prager
15 - Randy Thumann
19 - Daryl Friedberg
20 - Carli Geltmeier
20 - Trey Geltmeier
22 - Jody Judelson
24 - Janet Lattanzi
26 - Logan Turner
31 - Ronda Barber

(Persha Continued from page 4)

ten spies, whose pessimism fueled this latest rebellion, are killed by a plague.

The people now repent and attempt to begin the conquest without divine sanction and despite Moses’ warning. Their effort leads to disaster and they are routed by the Amalekites and Canaanites.

As a sign of God’s ultimate fulfillment of the promise to give the land of Canaan to the Israelites, the very next passage begins with the phrase “When you come into the Land.” This passage contains a variety of laws, most notably challah – the setting apart of a portion of dough for the priest.

The sidra concludes with the imposition of the death penalty by stoning for anyone violating the Sabbath, and the laws of ittzit.


(President Continued from page 1)

The Congregation has adopted the Mishkan HaNefesh, the new Machzor of the Reform Movement, for the upcoming High Holy Days. The new Machzor’s have been received! Those that were ordered in advance are being plated and will be delivered prior to the holidays. You can still order copes by using the form on page 7.

Remember to support our Community Service activities (see page 9). Please take advantage of the rewards programs with the Kroger Community Rewards (please note that we have a new number (IR048) that you will need to update), Tom Thumb Rewards, and the Amazon Smiles programs which help to support Ner Tamid.

Come experience what sets Ner Tamid apart. Where you are more than just a name!

Shalom,
Randy

(Continued from page 1)
TRIBUTES 5778

Cut out and mail with contribution to Congregation Ner Tamid, P.O. Box 112772, Carrollton, Texas 75011-2772.

My Contribution to Ner Tamid

___in memory of   ___in honor of  ___honoring the Yahrzeit of   ___speedy recovery of   ___in appreciation of

Honoree: _____________________________     Fund: _________________________________

Name: ________________________________     Contribution: $____________________

Signed (optional): ________________________________

Contributions are gratefully accepted for the following funds. Acknowledgments will be published monthly.

- **Rabbinic Fund**
- **Building Fund**
- **Ark Fund** – Maintains and/or remodels the Ark.
- **Torah Fund**—Repair our Torah & acquire another Torah.
- **Prayer Book Fund**
- **Rabbi’s Discretionary Fund** – Distributes funds to individuals, community causes or worthy institutions as determined by the Rabbi.
- **Religious School Fund**
- **Temple Beautification Fund**
- **Caring Congregation Fund** – Supports programs of caring for our members and Community.
- **Cantor’s Discretionary Fund**–Distributes funds to individuals, community causes or worthy institutions as determined by the Cantor.
- **Temple Endowment Fund** – Supports the general programs and events of the Temple.
- **Harlan S. Friedberg Memorial Fund** – Maintains and adds to the Yahrzeit Plaque.
- **Lee Mirowitz Memorial Fund** – Provides educational computer software.
- **Marilyn & L. D. Freed Study Center Fund** – Provides for enhanced study opportunities.
- **Maimonides Fund** – for members in dire need.
- **General Fund** – Supports the administrative costs of the Temple, i.e. Rabbi, facility maintenance, etc.
- **Bertha Kurzban Music Fund** – provides for the Congregation’s needs in all areas involving music.

Please add our Tom Thumb Rewards number, 2740, to your rewards card and shop at Tom Thumb!

Please shop Amazon at [www.smile.amazon.com](http://www.smile.amazon.com) and designate Congregation Ner Tamid as your charity.

Please add our NEW Kroger Community Rewards number, IR048, to your rewards card.

Donations have been received to the:

**Harlan S. Friedberg Memorial Fund from:**
Anonymous

**Cantor’s Discretionary Fund from:**
Anonymous

The Corner of Hebrew

It’s All About Connections
By Michael Bergel

In Hebrew there are many interesting linguistic connections which I would like to share with you, so that you can appreciate the beauty of our ancient-new language. An example is the word Shabat (שבת). It is actually derived from the root sha.va.t (ש.ב.ת) which means stopped working. This connection is made in the book of Genesis in the story of Creation, as God completed the creation and made a break (sha.va.t) on the seventh day that became the Shabat. In modern Hebrew the verb shavat and the noun shvita both derived from the root sha.va.t, which means went on strike and a strike (as a strike from work) respectively. Another connection in Hebrew—the word for a week is shavua (שבוע), and it is derived from the word Sheva (שבע) that means seven. I will let you guess the connection between a week and seven.

Community Service

Please support our on-going Community Mitzvah Projects:

- **Collect staple food items, coats and blankets for Jewish Family Service (contact Randy Friedberg)**
- **Collect manufacturer coupons for Military bases overseas (contact Marilynn Lepley)**
- **Donation bottles for a variety of community & outreach service organizations.**